

Harrow and District Caledonian Society Dance Class – Wednesday 11th March 2026 – 8.00 pm

Payment in advance is preferred

Sept – Mar season tickets still current. Jan – Mar termly ticket £30 Weekly payment £3.00 members, £3.50 non-members (1st wk free)
Bank details: Account number 02011648 Sort code 30-93-92 in advance or via our card reader or cash on door

Keeping everyone safe: Do not attend if you are feeling unwell

Bring your own drink as we do not use the kitchen

More complex figures are marked in orange

Our class comprises dances from our own dance programmes or our neighbouring clubs or of general interest

Our class is a general class catering for all levels from beginner to experienced

When making up sets aim for a balance between experienced and less experienced dancers

West MACS 25/4

JOIE DE VIVRE (J8x32) 3C (4C set)

www.youtube.com/watch?v=7swZCrpPQRc

Irene van Maarseveen RSCDS Book 39

- 1- 8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2nd place on own sides
9-16 2s+1s+3s turn RH & chase ½ way round clockwise
17-24 3s+1s+2s dance DoSiDo, set & ½ turn partners RH for Allemande
25-32 3s+1s+2s dance Allemande

For the remainder of the first half, the class will split into two groups:

The group in the main hall will learn

West MACS 25/4

BYRON STRATHSPEY, THE (S3x32) 3C set

<https://youtu.be/HB6F15pXvWk?t=8>

John Drewry Deeside Book 2

- 1- 8 All petronella turn into the centre and set to partner, turn 2H 1¼ times back to places
9-16 1s+2L and 3s+2M dance RH across, 2s pass RSh and dance LH across with other couple
17-24 2s in prom hold dance reel of 3 with 1s passing 1L RSh.
End with 2s in centre at top, 1s casting to follow 2s and 3s stepping in ready for...
25-32 2s+1s+3s dance Allemande. 312

WATERNISH TANGLE, THE (J8x32) 3C (4C set)

www.youtube.com/watch?v=Fs22cAbbJNU

Andrea Barfoot Skye Coll 2 & RSCDS Book 54

- 1- 8 1s cross down RH & set (2s step up 1-2): 1s cross down LH & set (3s step up 5-6)
9-16 1s cross RH, change places on sides with 3s LH; 2s+1s cross RH & ¾ turn LH on sides to form line of 4 across
17-24 2s+1s dance the Targe :
` 17-18 1st & 2nd Ladies ¾ turn RH while Men dance ¼ way round anticlockwise
` 19-20 1st Man with 2nd Lady & 1st Lady with 2nd Man full turn LH
` 21-22 1st & 2nd Ladies ¾ turn RH while Men dance ¼ way round anticlockwise
` 23-24 1st Man with 2nd Lady & 1st Lady with 2nd Man turn ¾ LH to end on sides to 2(1)3
25-32 1s cross down below 3s, cast up, dance up between 2s & cast to 2nd place

West MACS 25/4

LOCHALSH REEL, THE (R8x40) 3C (4C set)

www.youtube.com/watch?v=4iAIxJpwlw&t=19s

Pat Burnett Skye Collection 2

- 1- 8 1s turn RH, cast 1 place, cross LH, cast 1 place to meet partner in prom hold facing 3M (Lady on Man's left)
9-16 1s dance LSh reel of 3 across with 3s
17-24 1s split to dance reels of 3 on opposite sides
25-32 1s dance (nearer hands joined) to top, turn 2s with other hand, cross down between 3s & cast up to 2nd place own sides
33-40 1s dance RH across (Lady with 2s & Man with 3s), pass RSh to dance LH across with other couple

The group in the small hall will learn some more challenging dances

FATHER CONNELLY'S JIG (J4x64) 4C set

<https://youtu.be/0-amUBWWPXc>

John Drewry Donside Book

- 1- 8 1s+2s set and rotate:
Set, rotate singly and dance on 1 place clockwise, change places RH on sides and dance on 1 place to own sides. 2134
9-16 1s dance ½ diagonal R&L with 1st corners while 2nd corners set and change places diagonally RH,
1s dance ½ RSh reels of 3 on opposite sides (1M up, 1L down). (2)(1)(3)4
17-24 1s dance ½ diagonal R&L with 3rd corner (position) while 2nd corners (position) set and change places diagonally,
1s dance ½ RSh reels of 3 on own sides (1M down, 1L up). 2134
25-32 1s dance reels of 3 across Lady with 2s and Man with 3s (LSh to 1st corner)
33-40 1s cross down between 3s, 1L casts up round 3M and 1M casts down round 4L,
1s change places LH in centre and cast to 3rd place own sides. 2314
41-56 3s+1s+4s (bottom 3 couples) repeat bars 9-24. 2314
57-64 All (or bottom 3 couples only) circle 8(6)Hands round and back. 1s step down to end 2341

DUCHESS TREE, THE (S8x32) 3C (4C set)

<https://youtu.be/dntyw1tx6xE?t=9>

John Drewry Brodie Book

- 1- 8 Reels of 3 on sides
Start: 1s dance in and cast, 2s cross up LH and 3s dance in, join nearer hands facing down and cast up. All take hands where possible
End: 2s in 2nd places opposite side, 1s and 3s end in middle, 1s nearer hands joined facing down and 3s nearer hands joined facing up
9-16 All set, circle left for 2 bars, Men turn Lady on right 2H once round and continue circle to places
17-24 1s+2s dance RH across and end facing up, 1s cast 1 place and lead up while 2s lead up crossing and cast 1 place
25-32 1s+2s dance Allemande

Both groups will rejoin for the interval and the second half of the class

I N T E R V A L

2nd half

West MACS 25/4

COUNTRESS OF DUNMORE'S REEL, THE (R8x32) 3C (4C set) www.youtube.com/watch?v=7vP0KxWiz9Y&t=20s Deirdre MacCuish Bark RSCDS Book 49

- 1- 8 1s set, dance down below 3s, cast up to 2nd place & set advancing to face 1st corners (2s step up 3-4)
- 9-16 1s turn 1st corners RH, pass RSh, turn 2nd corners RH, pass RSh to 2nd place own side facing out (corners dance 4 bars)
- 17-24 Promenade (Chaperoned) Chain progression: : [chaperoned chain progression](http://www.youtube.com/watch?v=7vP0KxWiz9Y&t=20s)
 - 17-18 1M casts up, 1L casts down as 2s+3s turn ¾ RH into line up/down set
 - 19-22 1M+2L & 1L+3M, in prom hold dance clockwise to opp end of line as 2M+3L (in middle) turn 1½ LH
 - 23-24 1s dance clockwise to 2nd place own side as 3s+2s turn partners ¾ RH to own sides. All face clockwise 3 1 2
- 25-32 3s+1s+2s dance clockwise ½ round set. All set, cross RH to own sides. 2 1 3

West MACS 25/4

SUGAR CANDIE (S8x32) 3C (4C set) <https://youtu.be/HHopwIDJMtq?t=7> RSCDS Book 26

- 1- 8 1s set and cast 1 place (2s step up); 1s cross passing LSh and cast RSh round their 1st corner into centre ending BtoB (Lady facing up, Man down)
- 9-16 1L+2s and 1M+3s circle 3H round to left, turn to face partner and set, 1s ¾ turn partner 2H to end facing 1st corners
- 17-24 1s turn 1st corner RH, partner LH, 2nd corner RH, partner LH and end facing 1st corners
- 25-32 1s dance 6 bar LSh reel of 3 on opposite sides (pass 1st corner LSh), 1s cross RH to 2nd place own sides

Wembley social 16/3

NEIL M GRANT (J8x32) 4C set www.youtube.com/watch?v=kbTj5bdb9og&t=22 Christine Grant RSCDS Book 49

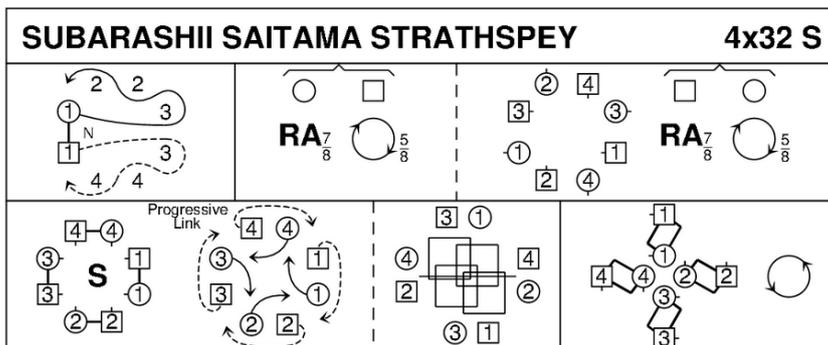
- 1- 8 1s cross RH, cast (2s step up). 1s dance ½ Figs 8 (1M round 2s, 1L round 3s) & join LH giving RH to 1st corners
 - 9-16 2s+1s+3s dance **The Spoke**: - [spoke](http://www.youtube.com/watch?v=kbTj5bdb9og&t=22)
 - 1s Bal-in-Line with 1st corners, then 2nd, 3rd & 4th corners.
 - 1s finish facing 1st corners
 - 17-24 1s dance ½ diagonal reel of 4 with 1st corners, pass RSh, dance ½ diagonal reel of 4 with 2nd corners to finish in 2nd place, opp sides facing clockwise
 - 25-32 3s+1s+2s dance clockwise ½ way round. 1M+3s & 1L+2s dance RH across
- the Spoke** figure
 8 setting steps with 1st and 2nd corners remaining in their place to set while 1s set with alternate 1st corner, 2nd corner, 3rd corner, 4th corner, taking and dropping corners' hands as they progress anticlockwise in the centre of the set (1s retaining their partner's hand throughout)

Extra if time - volunteers requested to help John and Judith practice this before the Ball in Japan next week

Saitama ball

SUBARASHII SAITAMA STRATHSPEY (S4x32) Sq set <https://youtu.be/16-yzZrZtDU> Peter Marshall Saitama 10th Ann. Collection

- 1- 8 1s nearer hands joined dance between 3s, separate and cast round 3s, dance out between 2s/4s (1M between 2s, 1L between 4s) and back to place
 - 9-16 Men RH across, dance out through partner's place and chase clockwise ½ round to opposite place while Ladies chase clockwise ½ round and dance RH across to opposite place. (All now in opposite place with partner)
 - 17-24 All Set And Progressive Link:
 - All set. Men dance in front of partner to next Man's place to right while Ladies cast behind partner to next Ladies place to Left. (Now opposite partner. Men face out)
 - All dance Ladies' Chain ½ way (Ladies RH in middle) turning partner LH into promenade hold and face anticlockwise
 - 25-32 All, in Allemande hold, dance anticlockwise round to end 1 place round from original position
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- 1- 8 1c dance down between 3c, separate and cast up, dance out between side cpls and cast back to original places
 - 9-16 All Men RHA ; dance out through P places and chase clw ½ to opposite M places **while{8}** all Ladies chase clw ½ to opposite M places ; RHA to opposite W places (3,4,1,2)
 - 17-24 All "Set and Progressive Link" [set | M dance to next M place cclw and face out **while{2}** L cast to next L place clw] ; ½ Double Ladies Chain, on [24], all cpls finish in prom hold facing cclw (4,1,2,3)
 - 25-32 All cpls in Allemande hold dance cclw (4,1,2,3)



Forthcoming dance programmes

Please ask the convener or instructor if you wish to practice any of the below dances (or any others) at future classes

<i>Wembley</i> <i>16/3</i>	<i>West MACS</i> <i>25/4</i>	<i>LHC</i> <i>28/3</i>	
EH3 7AF The Gentleman Cadgers in the Canongate Farewell to Balfour Road City of Belfast Scott Meikle Swiss Lassie Belle of Bon Accord Neil M Grant Glastonbury Tor	Joie de Vivre The Reel of the Royal Scots The Belle of Bon Accord The Duke of Atholl's Reel Anniversary Reel Miss Milligan's Strathspey Quarries' Jig Countess of Dunmore's Reel The Byron Strathspey Farewell to Balfour Road The Lochalsh Reel Sugar Candie The Waternish Tangle Scott Meikle The Robertson Rant The Zoologist The Falls of Rogie City of Belfast The Dancing Master Swiss Lassie	The Shetland Shepherdess The Falls of Rogie Montparnasse The Hazel Tree Tempest in a Teacup The Swan and the Tay Maxwell's Rant The Waternish Tangle Asilomar Romantic Ray Milbourne Pelorus Jack Toast to the Mousies Chasing the Eclipse The Bees of Maggie Knockater Swiss Lassie The House Keys of Lisbon Spiffin' Triple Happiness Follow Me Home The Reel of the 51st Division	

<i>FRO Friday Recaps Only</i> <i>10/4</i>	<i>Herts & Borders</i> <i>10/4</i>	<i>IoW Spring Dance</i> <i>18/4</i>	
Quarries' Jig Swiss Lassie "Deer" Friends The Zoologist The Belle of Bon Accord The Countess of Dunmore's Reel The Falls of Rogie Best Set in the Hall The Swan and the Tay Zytglogge The Montgomerie's Rant	Jennifer's Jig The Young Accordion Man "Deer" Friends The Luckenbooth Brooch Scott Meikle Ian Powrie's Farewell to Auchterarder We'll Meet Again Toast to the Mousies Pelorus Jack Ramadan-ce The Swan and the Tay MacDonald of Keppoch Inchmickery The Rutland Reel City of Belfast Trip to Timber Ridge	tbc	

David's House care home display date tbc

? Hello Goodbye to singalong tunes (but NB two scottish residents so some scottish tunes) potentially also Sandy Hunt's dancers and singing group