

Harrow and District Caledonian Society Dance Class – Wednesday 29th April 2026 – 8.00 pm

Payment in advance is preferred

Season ticket term April to mid-July £30 (or April to end of May £20)

or Weekly payment £3.00 members, £3.50 non-members (1st wk free)

Bank details: Account number 02011648 Sort code 30-93-92 in advance or via our card reader or cash on door

Keeping everyone safe: Do not attend if you are feeling unwell

Bring your own drink as we do not use the kitchen

More complex figures are marked in orange

Our class comprises dances from our own dance programmes or our neighbouring clubs or of general interest

Our class is a general class catering for all levels from beginner to experienced

When making up sets aim for a balance between experienced and less experienced dancers

easy warm-up dance

BERWICK JOHNNIE (J8x32) 3C (4C set)

www.youtube.com/watch?v=yuunhfGeN1o

unknown deviser Book of Graded SCDs

- 1- 8 1s+2s set, dance ½ RH across, set and dance ½ LH across
9-16 1s lead down the middle and back to top
17-24 1s+2s dance Allemande 1s end facing 1st corners
25-32 1s turn 1st corners RH, partner LH, 2nd corners RH and partner LH to 2nd places

possible for SYD – as Strathspey (and introduction to 3-couple set & link)

SUPER SLINKY (S3x32) 3C Set

www.youtube.com/watch?v=FB3Rk0JoS7k

Chris Ronald Formation Foundations

- 1- 6 1s cross RH, cast (2s step up), cross LH & face out
7- 8 1s ½ turn 3s (Men LH, Ladies RH)
9-16 2s+3s+1s dance mirror reels of 3 on the sides (1s in/up, 3s out/down)
17-24 All turn partner RH (4 bars) & chase ½ way to opposite sides 1 3 2
25-32 1s+3s+2s dance Set+Link for 3 couples twice. 2 3 1

possible for SYD – as Reel (and introduction to 3-couple set & link)

SUPER SLINKY (R3x32) 3C Set

[see above, but in reel time]

Chris Ronald Formation Foundations

- 1- 6 1s cross RH, cast (2s step up), cross LH & face out
7- 8 1s 1/2 turn 3s (Men LH, Ladies RH)
9-16 2s+3s+1s dance mirror reels of 3 on the sides (1s in/up, 3s out/down)
17-24 All turn partner RH (4 bars) & chase 1/2 way to opposite sides 1 3 2
25-32 1s+3s+2s dance Set+Link for 3 couples twice. 2 3 1

for Japanese and musical social 2nd may

TOSHOGU SHRINE (J8x32) 3C (4C set)

www.youtube.com/watch?v=wwHmTfxlqwk&t=8s

Jim Stott In the Sunlight of Nikko and Kamakura

- 1-8 1s turn RH, cast 1 place, dance down between 3s, cast up to 2nd pl (2,1,3)
9-16 1s set advancing passing LSh into Crown Triangle position (1L facing up between 2s, 1M facing down between 3s)
Crown Triangles (for 6 bars)
17-24 1s+2nd cnrs in prom hold (1M on 2L's R) pass RSh, 1s leave 2nd cnrs in exchanged pl then dance RSh round partner to 1st diagonal
1s+3rd cnrs in prom hold pass RSh, 1s leave 3rd cnrs in exchanged places then dance to 2pl (3),1,(2)
25-32 3s & 2s turn partner RH while 1s set, cross RH. all chase clw ½ (2,1,3)

I N T E R V A L

gerrards cross 7/6

TRIBUTE TO THE BORDERS (J8x32) 3C (4C set)

www.youtube.com/watch?v=2wRRfhrMrkQ

Roy Goldring RSCDS Leaflet Dances 31

- 1- 8 1s cross RH and cast 1 place, turn RH 1½ times to end in promenade hold facing 2M
9-16 1s dance ½ RSh reel of 3 on Man's side, cross to face 3L and dance ½ RSh reel on Ladies' side
1s end facing 3L (in top place), still in promenade hold
17-24 1s set to 3L, swivel right and set to 2L, set to 2M, set to 3M (2s+3s set advancing into centre) ready for...
25-32 3s+1s+2s Allemande. 213

possible for SYD (and introduction to dolphin reels)

OCEAN WAVES (R8x32) 3C (4C set)

[no video]

Chris Ronald Formation Foundations

- 1- 8 1s lead down the middle and back to finish facing 2L, 1M behind his partner
9-16 1L followed by partner dance a full RSh Alternating Tandem reel of 3 across with 2s.
1s finish in middle facing up, 2s face down in 1st place
17-24 1s dance 3H across on sides (Ladies RH and Men LH), 1s dance up to top and cast to 2nd place
25-32 2s+1s+3s dance 6H round and back

LHC 30/5

MINISTER ON THE LOCH, THE (S3x32) 3C set

<http://my.strathspey.org/dd/dancevideo/101/>

Roy Goldring 24 Graded & Social Dances

- 1- 8 1s+2s dance All Round Poussette
9-16 1s dance down for 2 steps, turn 2H, dance up to top & turn 2H
17-24 1s+3s dance double Fig of 8 round 2s with 1s casting to start
25-32 1M+2M turn LH 1½ times **while** 1L+2L turn RH 1½ times, 1M+3M turn RH 1½ times **while** 1L+3L turn LH 1½ times

Extra if time

berkhamsted 9/5

MONTGOMERIES' RANT, THE (R8x32) 3C (4C set)

<http://my.strathspey.org/dd/dancevideo/623/>

Castle Menzies RSCDS Book 10

- 1- 8 1s cross RH & cast down to 2nd place, cross LH & 1L casts up **while** 1M casts down
9-16 1s dance reels of 3 across, 1L with 2s & 1M with 3s
17-24 1s with NHJ (Lady on Man's left) set to 2L & turn inwards to set to 3M, set to 3L & turn inward & set to 2M
25-32 2s+1s+3s dance reels of 3 on opposite sides 1s giving RSh to 2nd corner, 1s cross RH to 2nd place own sides

Forthcoming dance programmes

Please ask the convener or instructor if you wish to practice any of the below dances (or any others) at future classes

<i>Summer Dance 3/6</i>	<i>FRO 8/5</i>	<i>Berkhamsted Spring dance 9/5</i>	<i>Triple Decker 17/5</i>
tbc	Yan, Tan, Tethera Fraser's Favourite The Gentleman Major Ian Stewart Johnnie Walker The Earl of Mansfield Follow Me Home Zytglogge The Minister on the Loch Best Set in the Hall The Highland Rambler	The Machine without Horses Fraser's Favourite "Deer" Friends Major Ian Stewart Zytglogge The Foundling Johnnie Walker The Waternish Tangle The Earl of Mansfield The Frisky Toast to the Mousies John Cass The Gentleman Fire in the Rye Best Set in the Hall Tullynessle and Forbes Hall Follow Me Home The Montgomeries' Rant	The Greenbelt Jig Glastonbury Tor Scarborough Castle The Missing Turn Miss Milligan's Strathspey Pelorus Jack Trip to Timber Ridge

<i>LHC 30/5</i>	<i>Gerrards Cross tea dance 7/6</i>	<i>SYD 27 / 28 / 29/ 6</i>
Ecclefechan Feline Glastonbury Tor Midsummer Common Father Connelly's Jig The Lochalsh Reel Kinclaven Bridge Midnight Oil The Minister on the Loch Dancing Forth The Aviator The Orchards of Co. Armagh Findlater Castle The Wooden Horse The Silver Grey The Recumbent Stone Broadway Torridon Lassies Trip to Timber Ridge EXTRAS The Luckenbooth Brooch Shiftin' Bobbins	Nice to See You The Ferry Louper The Tri-Mariner Remembering Abbotsford The Kelloholm Jig The Ambassadors' Reel Barbara's Favourites MacDonald of Keppoch The Buckie Loon Yan, Tan, Tethera The Auld Grey Cat Sunshine Sally The Yorkshire Rose Scott Meikle The Paisley Weavers Tribute to the Borders The Highland Rambler	tbc

VOLUNTEERS ?

Ryefield Court care home display (Uxbridge) – 22/5

St Alban's summer fair display – Sat 27th June – NB clashes with SYD weekend, so only possible if enough non-SYD dancers

David's House care home display date tbc

? Hello Goodbye to singalong tunes (but NB two scottish residents so some scottish tunes) potentially also Sandy Hunt's dancers and singing group