

# Harrow and District Caledonian Society Dance Class – Wednesday 8<sup>th</sup> April 2026 – 8.00 pm

Payment in advance is preferred

**New season ticket term April to mid-July £30 (or April to end of May £20)**

or Weekly payment £3.00 members, £3.50 non-members (1<sup>st</sup> wk free)

Bank details: Account number 02011648 Sort code 30-93-92 in advance or via our card reader or cash on door

Keeping everyone safe: Do not attend if you are feeling unwell

Bring your own drink as we do not use the kitchen

More complex figures are **marked in orange**

Our class comprises dances from our own dance programmes or our neighbouring clubs or of general interest

Our class is a general class catering for all levels from beginner to experienced

**When making up sets aim for a balance between experienced and less experienced dancers**

**3 classes (incl this one) before West MACS Ball ... any requests re dances to cover ? (also IoW programme)**

West MACS 25/4

**JOIE DE VIVRE** (J8x32) 3C (4C set)

[www.youtube.com/watch?v=7swZCrpPQRc](http://www.youtube.com/watch?v=7swZCrpPQRc)

Irene van Maarseveen RSCDS Book 39

1- 8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2<sup>nd</sup> place on own sides

9-16 2s+1s+3s turn RH & chase ½ way round clockwise

17-24 3s+1s+2s dance DoSiDo, set & ½ turn partners RH for Allemande

25-32 3s+1s+2s dance Allemande

West MACS 25/4 FRO 10/4

**QUARRIES' JIG** (J8x32) 3C (4C set)

[www.youtube.com/watch?v=pY9cfxYIK48&t=5s](http://www.youtube.com/watch?v=pY9cfxYIK48&t=5s)

Kent W Smith RSCDS Book 36

1- 8 1s set, cast 1 place & dance half fig of 8 round 1<sup>st</sup> corners (L up, M down) passing corners LSh

9-16 1s dance reels of 3 across (1<sup>st</sup> Man with 2s, 1<sup>st</sup> Lady with 3s), 1s turn LH to face 1<sup>st</sup> corners

17-24 Centre dancers change with 1<sup>st</sup> corners RH while 2<sup>nd</sup> corners set

1<sup>st</sup> corners (in centre) change places LH while new 1<sup>st</sup> & 2<sup>nd</sup> corners dance clockwise round to next corner place

Repeat the Fig in bars 17-20 from new places

25-32 Repeat 17-20 from new places, 1s end by turning LH to 2<sup>nd</sup> place on opposite sides,

2s+1s+3s set on sides & 1s cross back RH

West MACS 25/4

**MISS MILLIGAN'S STRATHSPEY** (S8x32) 3C (4C set)

[www.youtube.com/watch?v=V8\\_NiUHS-a4](http://www.youtube.com/watch?v=V8_NiUHS-a4)

Golden Jubilee Dances

1- 8 1s+2s circle 4H round to left, 1s face 2s NHJ with partners.

1s+2s set, 1s turning towards each other to face up then cast **while** 2s dance up & face out

9-16 2s+1s+3s dance reflection reels of 3 on own sides 1s dancing in between 3s to start. All take hands where possible

17-24 2s+1s+3s set, 2s+1s ½ turn LH,

1s followed by 2s lead down between 3s, cross & cast up on own sides

25-32 1s+2s dance the Knot [knot for 2 couples](#)

West MACS 25/4

**LOCHALSH REEL, THE** (R8x40) 3C (4C set)

[www.youtube.com/watch?v=4iAIXjpwlow&t=19s](http://www.youtube.com/watch?v=4iAIXjpwlow&t=19s)

Pat Burnett Skye Collection 2

1- 8 1s turn RH, cast 1 place, cross LH, cast 1 place to meet partner in prom hold facing 3M (Lady on Man's left)

9-16 1s dance LSh reel of 3 across with 3s

17-24 1s split to dance reels of 3 on opposite sides

25-32 1s dance (nearer hands joined) to top, turn 2s with other hand, cross down between 3s & cast up to 2<sup>nd</sup> place own sides

33-40 1s dance RH across (Lady with 2s & Man with 3s), pass RSh to dance LH across with other couple

## I N T E R V A L

West MACS 25/4 FRO 10/4

**ZOOLOGIST, THE** (J8x32) 3C (4C set)

[www.youtube.com/watch?v=JDwHwAeZRqE&t=7s](http://www.youtube.com/watch?v=JDwHwAeZRqE&t=7s)

Duncan Brown RSCDS Book 46

1- 8 1s cross down between 2s+3s and cast to right to face 2L/3M, dance ½ LSh reel of 3 across (1L with 2s, 1M with 3s) and end facing 1<sup>st</sup> corner (position)

9-16 1s dance ½ diagonal reel of 4 and pass RSh to face 2<sup>nd</sup> corner (position), 1s dance ½ diagonal reel and end in double triangle positions (facing opposite sides)

17-24 1s dance Double Triangles and end in middle facing opposite sides RSh to RSh

25-32 1s dance LH across (M with 3s at top and L with 2s),

1M followed by 3M+3L also 1L followed by 2L+2M pass RSh diagonally across to change ends and loop round to right to end on own sides. 213

West MACS 25/4 FRO 10/4

**BELLE OF BON ACCORD, THE** (S4x32) 4C set

[www.youtube.com/watch?v=SYORODdCIGo&t=8s](http://www.youtube.com/watch?v=SYORODdCIGo&t=8s)

John Drewry Deeside Book 2

1- 8 1L and 3L cross down 1 place and cast up on opposite side into centre as 1M and 3M dance across and cast down into centre, 1s+2s and 3s+4s dance RH across

9-16 1s and 3s dance reel of 4 up and down centre of dance

17-24 1s and 3s ¾ turn RH to face up while 2s and 4s dance up on sides and turn in to face down and all set, all circle 4H round to left and end on sides

25-32 1s and 3s lead up between 2s/4s crossing over and cast down 1 place,

1s and 3s turn 2H and 1s dance down to 4<sup>th</sup> place as 3s cast up on own sides to 2<sup>nd</sup> place

West MACS 25/4

**DANCING MASTER, THE** (J96) Sq.Set

[www.youtube.com/watch?v=AykpXan7Jw4&t=2s](http://www.youtube.com/watch?v=AykpXan7Jw4&t=2s)

John Drewry Donside Book

1- 8 1s & 3s set & pivot to right & dance round ¼ clockwise inside set (L follows M) & face in, 1s+3s change places with other partner RH & dance clockwise back to partners place (M follows L)

9-16 1s & 3s dance RH across with corner 2L/4L, 1s & 3s dance across & LH across with other corner 4M/2M to end in pl facing clockwise (M behind L)

17-24 1s **also** 3s dance Tandem reels of 3 with corners, 1s & 3s ending in prom hold facing out

25-32 1s & 3s dance clockwise ½ way round outside of set & dance in back to original places (pass RSh)

**while** 2s & 4s (prom hold) Adv+Ret

33-64 2s & 4s repeat above Figs from beginning (bars 1-32)

65-72 All set to partners & change place RH, Ladies dance ¾ **RH** across **while** Men cast 1 place clockwise to meet opposite Lady

73-80 All repeat this Fig (bars 65-72) to end with own partners (opposite to where they started)

81-88 All dance ½ Schiehallion Reel (2 places) back to original places [schiehallion reel](#)

89-96 All circle 8H round & back

Extra if time

West MACS 25/4 herts & borders 10/4

**SCOTT MEIKLE** (R4x32) 4C set

[www.youtube.com/watch?v=DhE0LHERekE&t=7](http://www.youtube.com/watch?v=DhE0LHERekE&t=7)

Alice McLean Laurieston Collection vol 1

1- 8 1s cross RH & cast to 2<sup>nd</sup> place, 1s dance ½ Fig of 8 round 2s

9-16 1s+3s dance RH across, LH back

17-24 1L followed by 3L dance Tandem reel of 3 across with 2s (1L ends 3<sup>rd</sup> pl)

**while** 3M followed by 1M reel of 3 with 4s (3M to 2<sup>nd</sup> pl)

25-32 1s+4s dance ½ R&L, turn partners RH 1½ times

Forthcoming dance programmes

Please ask the convener or instructor if you wish to practice any of the below dances (or any others) at future classes

West MACS 25/4	FRO Friday Recaps Only 10/4	Herts & Borders 10/4	IoW Spring Dance 18/4
Joie de Vivre The Reel of the Royal Scots The Belle of Bon Accord The Duke of Atholl's Reel Anniversary Reel Miss Milligan's Strathspey <b>Quarries' Jig</b> Countess of Dunmore's Reel The Byron Strathspey Farewell to Balfour Road  The Lochalsh Reel Sugar Candie The Waternish Tangle Scott Meikle The Robertson Rant <b>The Zoologist</b> The Falls of Rogie City of Belfast <b>The Dancing Master</b> <b>Swiss Lassie</b>	Quarries' Jig Swiss Lassie "Deer" Friends The Zoologist The Belle of Bon Accord The Countess of Dunmore's Reel  The Falls of Rogie Best Set in the Hall The Swan and the Tay Zytglogge The Montgomeries' Rant	Jennifer's Jig The Young Accordion Man "Deer" Friends The Luckenbooth Brooch Scott Meikle Ian Powrie's Farewell to Auchterarder We'll Meet Again Toast to the Mousies  Pelorus Jack Ramadan-ce The Swan and the Tay MacDonald of Keppoch Inchmickery The Rutland Reel City of Belfast Trip to Timber Ridge	It should be Fun 4x32J The Lass of Richmond Hill 8x32R A Jewel in the Crown 4x32 S (Sq) Toshogu Shrine 8x32J The Happy Potter 8x32 or 6x32 R (2 cpl dance) Golden Hill Fort 3x40S (Triangle) The Chequeured Court J8x32 Flowers of Edinburgh 8x32R  A Capital Jig 8x32J Something in the Air 6x32S The First Rain of Spring 3x32J Broadford Bay 8x32R Summer in Assynt 8x32 S The Scallywag 8x40J Bon Viveur 2x32S+2x32RMedley (Sq) A Trip to Timber Ridge 8x32R

--	--	--	--

**VOLUNTEERS ?**

**Ryefield Court care home display (Uxbridge) – a Friday in April/May/June**

**22/5 or 29/5**

**St Alban's summer fair display – Sat 27<sup>th</sup> June – NB clashes with SYD weekend, so only possible if enough non-SYD dancers**

David's House care home display date tbc

? Hello Goodbye to singalong tunes (but NB two scottish residents so some scottish tunes) potentially also Sandy Hunt's dancers and singing group