

## Harrow and District Caledonian Society Dance Class – Wednesday 17<sup>th</sup> January 2018

**We suggest that dancers follow their own warm-up routine before joining in the dancing.  
Information sheets outlining warm-up guidance are available at the class or on the website**

*Our classes comprise a range of difficulty of dances from more straightforward to more complex/challenging.  
Dances in darker font are less complex and suitable for all class members – please ensure all our newer members can participate*

**(Any dances shown in fainter type are more challenging dances for the more experienced class members)**

*A class for less experienced dancers and newcomers is normally available during the first half of the evening if numbers permit.*

**More experienced dancers should ensure that less experienced dancers get a chance to dance during the dances printed in darker font**

*NB Season tickets are still available for the Spring term at £40 for the 20 weeks, representing a 20% saving on weekly payments*

Spring dance 24/3

**INCHMICKERY** (J5x32) 5C set [www.youtube.com/watch?v=60UoJLsvxFU](http://www.youtube.com/watch?v=60UoJLsvxFU) Roy Goldring 14 Social Dances

- 1- 8 1s+2s circle 4H round to left, 1s dance in & cast to 3<sup>rd</sup> place  
9-16 1s dance RH across (Lady with 3s & Man with 4s), pass RSh & dance LH across with other couple  
17-24 1L+2M **also** 1M+5L turn RH, 1L+5M **also** 1M+2L turn LH (1s end 3<sup>rd</sup> place own side)  
25-32 1s dance in & cast to 5<sup>th</sup> place, 5s+1s circle 4H round to right. 2 3 4 5 1

Spring dance 24/3 West MACS 14/4

**JAMES GRAY** (J4x32) 4C set **3s & 4s on opp sides** [www.youtube.com/watch?v=-du4h1uBnHM#t=7s](http://www.youtube.com/watch?v=-du4h1uBnHM#t=7s) Ronella Burrows RSCDS Book 42

- 1- 8 1s & 4s cross RH, cast 1 place, 1s dance ½ Fig of 8 round 2s **while** 4s dance ½ Fig of 8 round 3s  
9-16 1s+4s dance R&L & end 1s facing up & 4s down  
17-24 All dance RSh reel of 4 on sides & end 1s+4s in line across (Men in centre RSh to RSh & 1M LSh to 4L & 4M LSh to 1L)  
25-32 1M+4M ¾ turn RH **while** Ladies dance anticlockwise ¼ way round,  
Men ½ turn other partner LH to bring Ladies into centre  
1L+4L ¾ turn RH **while** Men dance anticlockwise ¼ way round,  
Ladies ¾ turn Men LH to end 1s in 3<sup>rd</sup> place opp sides & 4s in 2<sup>nd</sup> place

Wembley Ball 24/2 Watford Ball 17/3

**CITY OF BELFAST** (S3x32) 3C set [www.youtube.com/watch?v=dfpPDV8WhRA&t=13](http://www.youtube.com/watch?v=dfpPDV8WhRA&t=13) L Mullholland Belfast Diamond Jubilee Book

- 1- 8 1s dance ½ Fig of 8 round 2s, 1L+2M turn RH 1¼ times **while** 1M+2L turn LH 1¼ times & 1s end BtoB facing opp sides  
9-16 1s+2s dance reel of 4 across & 2s end in 1<sup>st</sup> places **while** 1s pass LSh to face 1<sup>st</sup> corners  
17-24 1s set to 1<sup>st</sup> corner & 2<sup>nd</sup> corner ending (turning to right) between corners, all set & 1s cross RH  
25-32 1s+3s dance Espagnole:-  
` 25-26 1s+3s cross (Ladies lead across RH passing between Men) with Ladies changing places RH  
` 27-28 1s+3s cross back (Men lead across RH between Ladies) with Men changing places RH  
` 29-32 3s turn RH **as** 1s turn LH to end 2 3 1

Spring dance 24/3 Watford Ball 17/3

**BAULDY BAIN'S FIDDLE** (R8x32) 3C (4C set) [www.youtube.com/watch?v=QFIpdgGycOQ](http://www.youtube.com/watch?v=QFIpdgGycOQ) John Bowie Dickson Lothian Collection

- 1- 8 1s turn RH, cast 1 place, turn LH 1½ times to 2<sup>nd</sup> place opposite sides  
9-16 1M casts up, crosses & casts to 2<sup>nd</sup> place own side **as** 1L cast down 1 place, crosses & casts up to 2<sup>nd</sup> place **while** 2s+3s dance RH across once round 1s turn LH 1½ times to face 1<sup>st</sup> corners **while** 2s+3s chase clockwise to opposite corners  
17-24 1s dance ½ diagonal reel of 4 with 1<sup>st</sup> corners & ½ reel of 4 with 2<sup>nd</sup> corners  
25-32 2s+1s+3s dance 6H round & back

### I N T E R V A L

Spring dance 24/3 Watford Ball 17/3

**PELORUS JACK** (J8x32) 3C (4C set) [www.youtube.com/watch?v=qIq2H6gew7Y&t=3m](http://www.youtube.com/watch?v=qIq2H6gew7Y&t=3m) or with full intro from devisor [www.youtube.com/watch?v=qIq2H6gew7Y&t=20s](http://www.youtube.com/watch?v=qIq2H6gew7Y&t=20s) Barry Skelton RSCDS Book 41

- 1- 8 1s cross RH & cast 1 place, dance RH across with 3s & 1s end with Man facing his 1<sup>st</sup> corner with his partner behind him  
9-16 1s dance Alternating Tandem ½ reel of 3 with M's 1<sup>st</sup> corner, 1s dance Alternating Tandem ½ reel with M's 2<sup>nd</sup> corner  
17-24 1s dance Alternating Tandem ½ reels of 3 with L's 1<sup>st</sup> crnr (pstn), 1s dance Alternating Tandem ½ reel with L's 2<sup>nd</sup> crnr (pstn)  
25-32 1M followed by partner dance into LH across with 2s, 1s retain LH & ½ turn to own sides & 2s+1s+3s set

*This dance is in tribute to Past President x2 and Past Secretary x2 Jane Forbes – the first tune is The Hiking Song – words overleaf*

**WINDING ROAD, THE** (S4x32) 4C set [www.youtube.com/watch?v=pMMrBefvVQs](http://www.youtube.com/watch?v=pMMrBefvVQs) James Cosh 22 SCDs+2

- 1- 8 1M+2L & 3M+4L passing RSh dance diagonal reel of 4  
9-16 2M+1L & 4M+3L passing RSh dance diagonal reel of 4  
17-24 1s+4s turn RH & cast in 1 place, 1s+4s circle 4H round to left  
25-32 2s in top place stand while 1s+4s+3s dance ½ reel of 3 on sides (1s RSh to 4s), 2s+3s & 4s+1s circle 4H round to left

Spring dance 24/3

[www.youtube.com/watch?v=Vw\\_loz1Csgk&t=10](http://www.youtube.com/watch?v=Vw_loz1Csgk&t=10) OR [www.youtube.com/watch?v=EmjPKr0Us8g&t=50s](http://www.youtube.com/watch?v=EmjPKr0Us8g&t=50s) (!)

**PIPER & THE PENGUIN, THE** (R88) Sq.Set Roy Goldring Scotia Suite

- 1- 8 Ladies dance RSh round their corners, dance RH across ending in centre  
9-16 Ladies dance LSh round their partners, dance LH across & back to places  
17-24 Men dance RSh round their partners, dance RH across ending in centre  
25-32 Men dance LSh round corners, dance LH across & back to places  
33-40 1s & 3s turn partners RH 1¼ times, Men followed by partners dance out btwn side couples & back to places (1M thru 4s & 3M thru 2s)  
41-48 1s+3s dance R&L  
49-64 2s+4s repeat bars 33-48  
65-72 Ladies dance in turning right about to dance out, cast clockwise to opposite Lady's place  
73-80 Men dance in turning left about to dance out, cast anticlockwise to opposite places  
81-88 All turn partners RH 1¼ times into prom hold, Promenade anticlockwise ½ way round to original places

Spring dance 24/3 Wembley Ball 24/2

**FALLS OF ROGIE, THE** (R8x32) 3C (4C set) [www.youtube.com/watch?v=KKjNOhYswr4&t=9](http://www.youtube.com/watch?v=KKjNOhYswr4&t=9) Jean Attwood Alexander Book 1

- 1- 8 1s cross RH & cast 1 place, 1s cross RH & cast 1 place (Man up Lady down)  
9-16 1s dance ½ reels of 3 across (1M with 2s & 1L with 3s), set in lines across & change places RH with opposite person  
17-24 2s+1s+3s chase clockwise ½ way,  
1s dance in & turn RH to face 1<sup>st</sup> corner positions **as** 2s & 3s continue to chase on to places (as bar 16)  
25-32 1s dance ½ reel of 4 with 1<sup>st</sup> corners, passing RSh dance ½ reel with 2<sup>nd</sup> corners & cross passing RSh to 2<sup>nd</sup> place own sides

On 17<sup>th</sup> January we will dance The Winding Road (S4x32, by James Cosh) in tribute to Jane Forbes, 2x President & 2x Secretary of HDCS

The Graham Geddes CD we will use for the class has The Hiking Song as the first of the four tunes (as does the youtube video fiddle player)

## The Hiking Song

Oh' the wanderlust is on me, And tonight I strike the trail  
And the morning sun will find me, In the lovely Lomond Vale  
Then I'll hike it through Glen Falloch, Where the mountain breezes blow  
And we'll drum up in the evening, In the valley of Glencoe



*Then swing along to a hiking song  
On the highway winding west  
Tramping highland glens and bracken bens  
To greet the Isles we love the best*

Islay, Jura, Scarba, Lunga, And the islands o' the sea,  
Luing, Mull, Colonsay, Staffa, Coll, Iona and Tiree,  
Sgurr of Eigg and Rhum and Canna, And the Minch waves rolling high  
And the heather tinted Cuillins, Of the lovely Isle of Skye



### Chorus

Then I'll bivouac and slumber, Till the dawn gives place to day  
And I'll wander by the river, That inspired old Ossian's Lay  
Then I'll do some mountaineering, On the Bidean's snowy crest  
Just to view the Hills o' Derry, And the islands o' the west



### Chorus

When the wanderlust has left me, And I grow too old to roam  
Still the memory will linger, Of my lovely highland home,  
Silvery streams and rumbling rivers, Verdant vales and glorious glens  
And the pride of Caledonia, Heather hills and bracken bens.



*Then swing along to a hiking song  
On the highway winding west  
Tramping highland glens and bracken bens  
To greet the Isles we love the best*

