

Harrow and District Caledonian Society Dance Class – Wednesday 8th Sept 2010

This is the suggested class programme for the Harrow class on 8th Sept 2010

GREAT EXPECTATIONS (J8x32) 2C (4C set)

Carolyn Hunt, Let's All Dance

- 1- 8 1M+2L Adv+Ret & turn RH
- 9-16 2M+1L Adv+Ret & turn RH
- 17-24 1s cross RH & cast 1 place, 1s dance ½ Fig of 8 round 2s (1s cross up)
- 25-32 2s+1s circle 4H round & back

LADY SOPHIA LINDSAY (R4x32) 4C set 3s & 4s on opp sides

Jean Attwood, Alexander Leaflet 6

- 1- 8 2s+3s dance RH across once round, 2s (Lady leading) dance out & cast up round 1L **while** 3s dance out & cast down round 4L
- 9-16 2s with 1M & 3s with 4M, dance RH across once round, 2s with 1L & 3s with 4L, dance LH across once round
- 17-24 2s & 3s dance Tandem reels of 3 on sides (2s dance down & out on Men's side **as** 3s dance up & out Ladies side).
At end of reel 2s dance across top of dance ending in 1st place on own sides **as** 3s dance across bottom of dance ending in 4th place
1s end in 2nd place own side facing down & 4s in 3rd place opp side facing up
- 25-32 1L+4M **also** 1M+4L set on sides, change places RH, 1s+4s set to partners & cross to other side RH. 2 4(1)(3)

SANDS OF MORAR (S8x32) 3C (4C set)

Barry Priddey, RSCDS Book 45

- 1- 8 1s dance Fig of 8 round 2s giving hands when possible
- 9-16 1s dance reflection reels of 3 on own sides (1s dance down between 2s to begin)
- 17-24 1s turn 2H & dance down middle to 3rd pl **as** 2s+3s continue reel & dance down behind 1s, all set & 1s followed by 2s+3s cast up to orig pls
- 25-32 1s+2s dance the Tourbillon : -
 - 1s & 2s turn partners 2H ½way, 1M & 2L lead partners on 1 place clockwise to end 1s on Ladies side & 2s on Men's side, 1s set to 2s
 - 1s & 2s ½ turn partners 2H, 1L & 2M lead partners on 1 place to end 2s in 1st pl & 1s in 2nd pl & 2s+1s cross RH to own sides

REST & BE THANKFUL (R8x32) 3C (4C set)

Grampian Collection of Scottish Country Dances (pub Jack McConachie)

- 1- 8 1s cross RH & cast 1 place, cross LH & cast (Lady up & Man down) to meet 1st corners in prom hold
- 9-16 1s+1st crnr dance ½way round behind 2nd crnr to 3rd crnr **while** 2nd cnrs Adv+Ret, 1s turn LH to meet 2nd cnrs in prom hold
- 17-24 1s dance with 2nd corner person ½way round to 4th corner **while** 1st corners Adv+Ret, 1s turn LH to face 1st corner (pstin)
- 25-32 1s dance ½ diagonal Reel of 4 with 1st corners & ½ Reel with 2nd corners to end on own sides 2nd place

EQUILIBRIUM (J8x32) 3C (4C set)

Ian Barbour, Scottish Dance Archives

- 1- 8 1s cast 1 place, cross LH & cast round their 2nd corners to face 1st corners
- 9-16 1s dance reel of 3 on opposite sides (passing 1st corner RSh)
- 17-28 1s dance Fig of 8 Grand Chain: -
 - 1s change places RH with 1st cnrs on sides **as** 2nd cnrs cross diag RH, 1s cross diag LH **as** others change pl LH on sides, continue this Fig back to pl (Ladies in top pl always cross diag with Man in 3rd pl **as** others change pl on sides)
- 29-32 1s set & cross RH

INTERVAL

NAPIER'S INDEX (J8x40) 3C (4C Set)

Brian Charlton, RSCDS Book 45

- 1- 8 1s set & cast 1 place, turn LH 1¼ times to end in Balance-in-Line position between 1st corners
- 9-16 1s+1st corners Balance-in-Line & turn corners RH to Balance-in-Line again with 1st corners
- 17-24 1s dance reel of 3 on sides (LSh to 2nd corner) & end diagonally between 2nd corners
- 25-32 1s+2nd corners Balance-in-Line & turn corners RH, Balance-in-Line again with 2nd corners
- 33-40 1s dance reels of 3 across (LSh to 3rd corners) & cross RH to 2nd places

SCOTCH MIST (S5x32) 5C set

John Drewry, Summer Collection, set 9

- 1- 4 1s & 3s cross RH & cast down 1 place, dance into centre Men facing up, Ladies down
- 5- 8 1st Man with 2s, 1st Lady & 3rd Man with 4s, 3rd Lady with 5s, all circle left & 1s & 3s end facing 2nd corners
- 9-12 Dance Pass+Turn with 2nd corners, 1s & 3s turn partners RH to face 1st corners
- 13-16 Dance Pass+Turn with 1st corners, 1s & 3s turn partners RH to end in centre Ladies facing up & Men down
- 17-24 1s+3s dance reel of 4 in up/down middle, (1s end in 2nd place, 3s in 4th place both on opposite sides)
- 25-28 1L with 2s, 1M & 3L with 4s, 3M with 5s, all dance RH across once round, 1s & 3s ending where they began the reel
- 29-32 1s & 3s ¾ turn partners RH & cast down on own sides to 3rd & 5th places

THE DIAMOND JUBILEE (J4x32) 4C set

Robert M Campbell, RSCDS Book 31

- 1- 8 1s & 4s turn 1½ times RH & cast 1 place, 1M & 4M **also** 1L & 4L turn LH on sides to end 1s facing up & 4s down. 2(1)(4)3
- 9-16 All dance reels of 4 on sides (1s & 4s do not fully complete reel but turn right about into centre BtoB facing corner just passed). 2(4)(1)3
- 17-24 4s & 1s set to corners & change places RH, set & change back LH
- 25-32 1s+4s dance RH across **while** 2s & 3s set & cross RH, all set & cross RH back to places 2 4 1 3

IAN POWRIE'S FAREWELL TO AUCHTERARDER (J128) Sq.Set

Bill Hamilton, Ian Powrie's Farewell to Auchterarder

- 1- 8 All circle 8H round to the left & back
- 9-16 Ladies dance in front of partner & behind next Man, into RH across
- 17-24 Ladies dance in front of Man opp own partner & behind next Man, into RH across & back to place
- 25-32 All Promenade clockwise
- 33-40 1s & 3s dance cl'wise behind next couple, Men dance past couple **as** Ladies dance in between couple & both turn R to face couple, all set & turn RH
- 41-48 All dance parallel reels of 4
- 49-56 1s & 3s dance a full Fig of 8 round the standing 2s/4s
- 57-64 1s & 3s dance LH across, 1s & 3s dance back to places (Men round & Ladies through the standing 2s & 4s)
- 65-96 2s & 4s repeat 33-64
- 97-104 All Promenade anticlockwise
- 105-112 Men dance in front of ptrnr & behind next Lady, into LH across,
- 113-120 Men dance in front of Lady opp own partner & behind next L into LH across & back to pl
- 121-128 All circle 8H round to the right & back (popular variation - 8 hands all the way round to right)